

## What's Included:

- BEST-RSI (A4-RS) device.
- Owner's manual.
- 2 AA batteries.

Accessories are available in kits, or sold separately.

Scan to  
view  
training  
videos.



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## Get Started Guide

BEST-RSI® (A4-RS)



## Safety Information and Device Instructions

### Safety Information

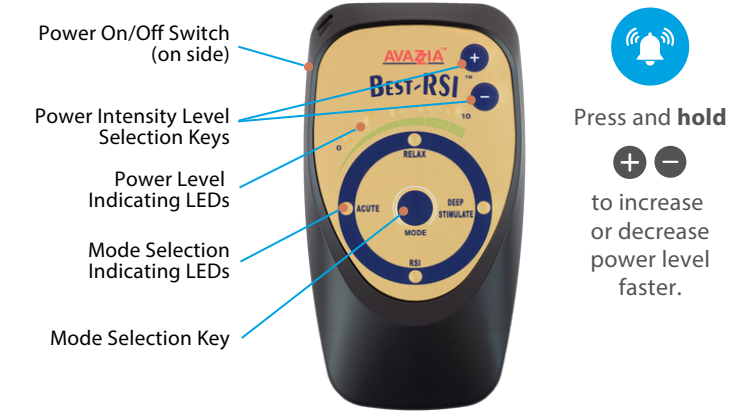
Before you get started, talk with your healthcare provider to review your prescribed treatment protocol. Read your Owner's Manual for full safety information.

**INDICATIONS FOR USE:** For symptomatic relief and management of chronic intractable pain; adjunctive treatment in the management of post-traumatic and post-surgical pain.

**CONTRAINDICATIONS:** Do not use on persons with a pacemaker. Do not use if pregnant or nursing.

### Device Instructions

1. Insert AA batteries.
2. Connect electrode accessory, if desired.
3. Turn on your device.
4. Select treatment MODE.
5. Set POWER level (Press and hold "+" button to increase power level faster.).
6. Treat as directed by your healthcare professional.



**AVAZIA**

Reaction Technology™ for Medical Therapies

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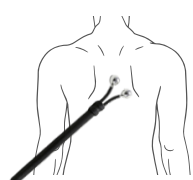
# Protocol for Treatment Areas

## Helpful Hints

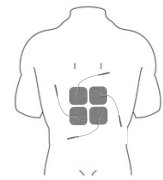
- Drink water before and after each therapy.
- To avoid over stimulation, limit contact on one place on the body to a period of 20 to 30 minutes.
- Over stimulation of muscle groups may cause soreness, headaches, or discomfort (especially the day after the initial treatment).
- Hold the Avazzia microcurrent device firmly on the skin and use a power setting that is comfortable.
- Moist skin is more conductive than overly dry skin.
- To avoid skin irritation and burns, do not allow use without access to power control.
- Treatment sessions can be repeated on an as needed basis.



BUILT-IN  
ELECTRODES



Y-ELECTRODE  
ACCESSORY\*



ADHESIVE  
ELECTRODE PADS\*

\*Accessories are available in kits, or sold separately.

## Device Modes

The BEST-RSI® is an easy-to-use microcurrent device with four (4) modes:

**Relax** - gentle pain relief

**Deep Stimulate** - general pain relief

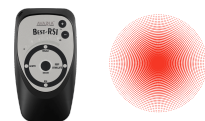
**RSI** - chronic and persistent pain relief

**Acute 3:1** - acute pain relief

## Treatment Methods

### Place and hold method.

Turn device on. Choose mode. Place and hold the device's built-in electrodes on the area of pain. Adjust the intensity level as needed.

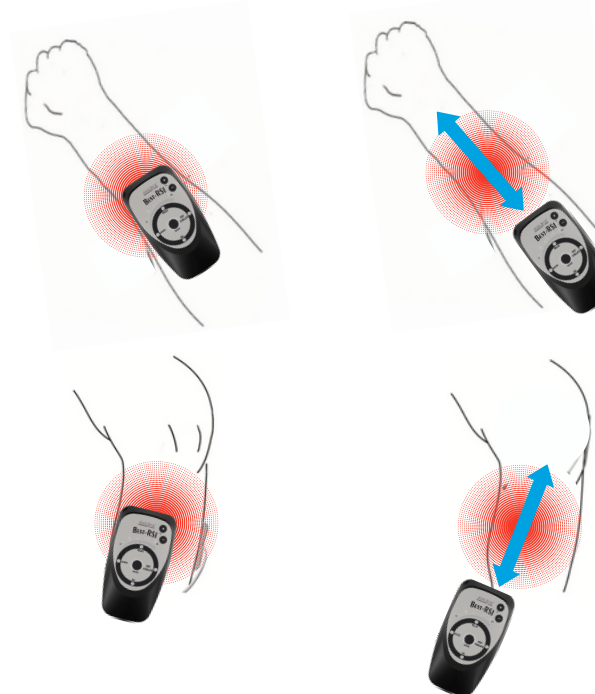


### Painting method.

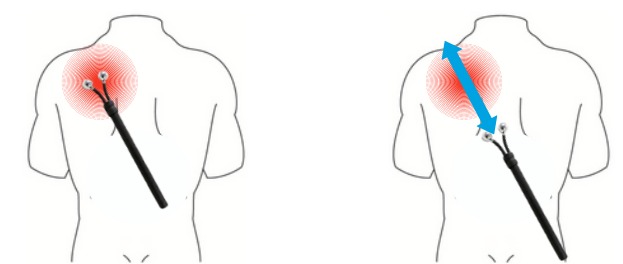
Turn device on. Choose mode. Move the backside of the device up and down ("paint") over the area of pain. Adjust the intensity level as needed.



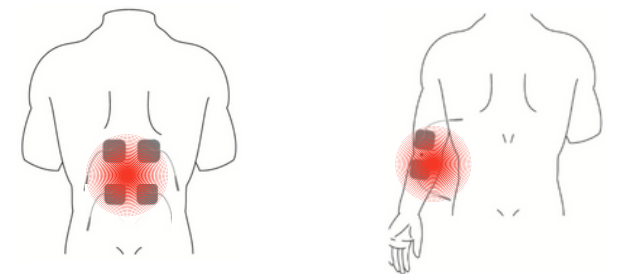
## Treating with the built-in electrodes



## Treating with the Y-electrode



## Treating with the pad electrodes



Ask your healthcare provider about recommended treatment protocols for each area of pain.