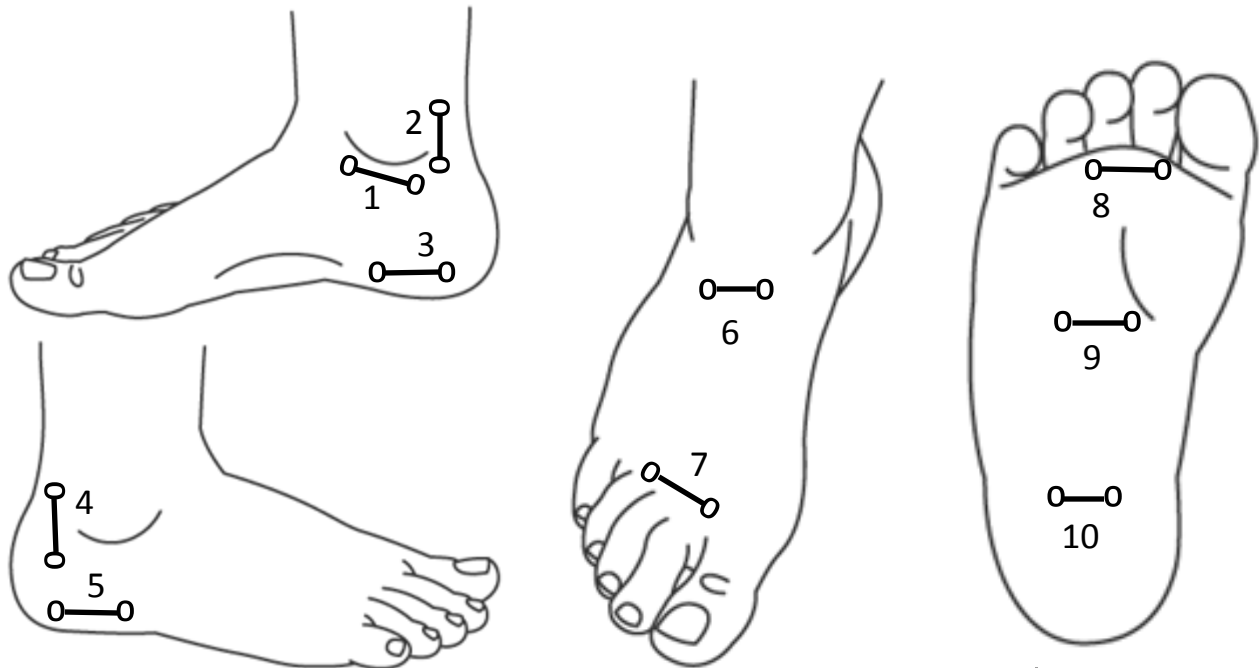




Go to [avazziatraining.com](http://avazziatraining.com) for details.



	LEFT FOOT		RIGHT FOOT	
	Left Foot IR Before Protocol	Left Foot IR After Protocol	Right Foot IR Before Protocol	Right Foot IR After Protocol
Saline used? Yes / No				
Power Level				
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				

### Tips for Foot Protocol

1. Use Y-electrode to take IR readings.
2. Press Y-electrode firmly to the skin for reading.
3. Check first for comfortable power setting. If patient doesn't feel anything, use highest setting.
4. For exceedingly dry skin, wipe with mild saline solution first and dry skin. (Note on chart, left.)
5. Use Deep Stimulate for 20 minutes. Power may be adjusted during that time.
6. Take new set of IR readings after protocol.