# **WHY SUFFER WITH PAIN?**



Non-Invasive & Non-Drug Pain Relief

Micro-Current Electrotherapy

Automatic Interactive

Prescription Required

Medicare & Insurance Approved

Handheld &
Battery Operated

Super Easy To Use



tel 214.575.2820 www.avazzia.com

# The American Carpal Tunnel Snstitute

### Our Mission: To provide non-surgical relief of pain

That's why we recommend and prescribe the BEST-RSI<sup>™</sup> technology; a dramatic new pain reduction technology therapy that in many cases prevents the need for painful invasive surgery!



For More Information on The American Carpal Tunnel Institute and the BEST-RSI™ Technology visit our website:

www.american-carpal-tunnel-institute.com

The American Carpal Tunnel Institute: Empowering patients through health professionals with knowledge and equipment for non-invasive, non-surgical management of cumulative trauma disorders of the upper extremity such as carpal tunnel syndrome, repetitive strain injuries, and nerve entrapment.

#### **HEALTH AND WELLNESS**

## **Living Pain Free - Healing Angels**

by Lois W, Texas

I have suffered from chronic pain for years and spent a lot of that time seeing numerous doctors and therapists trying to find someone with long-term answers. Each one would repeatedly tell me that my pain was from old injuries, arthritis, myofascial pain or dysfunction. They would recommend different therapies or drug cocktails to alleviate a current condition, but couldn't offer any viable solutions for the constant pain that was robbing me of my life. Every day I prayed that the pain, stiffness and swelling in my lower back, hips, thighs and knees would subside. Every night I prayed for sound, peaceful, full night's sleep. Finally, I came to a point of resolve ----I was going to have to live with it.

To add to my stress and pain, I had to have foot surgery. After surgery, my foot was healing slowly and the pain was excruciating. My surgeon recommended Hellen Smith, a Physiotherapist and owner of the **Physiotherapy Group of Texas**. Hellen wanted me to try a micro-current biofeedback therapy called a BEST-RSI™ and physiotherapy to alleviate my pain. I was skeptical of non-traditional medical methods, but the pain was so intense, I relented and tried the recommended treatments. After the first treatment, I was amazed at the reduction in swelling, and after the second treatment, I was almost pain free. With additional treatments the numbness in my forefoot and toes subsided and eventually, I regained all the feeling in my foot!

After the successful healing of my foot, Hellen put me on a treatment regiment starting with my knees. My knees were constantly hot with fever, swollen and would give way unexpectedly when I was walking. Through use of the BEST-RSI™ device and other physiotherapy exercises, first the swelling went away, then the fever and then the pain. My knees rarely give way anymore and I'm able to walk pain-free for the first time in years. I do maintenance therapy at home, but occasionally I treat myself and have Hellen give me an office "tune-up." As part of her regiment, Hellen is now concentrating on my sciatic nerve and I have experienced tremendous results. The pain, stiffness and swelling have been reduced in my lower back, thighs and hips and I can sleep through the night peacefully. The transformation of my life is remarkable.

I thank God every day for the many ways Hellen Smith and BEST-RSI™ changed my life. The treatment can help anyone suffering from pain. I can affirm the BEST-RSI™ device is the only treatment that I have ever had where I could see and feel a difference almost immediately.

While going through a painful foot surgery was not ideal in my physical condition, everything happens for a reason and prayers are answered in the most unexpected ways. I realized the surgery was a blessing, because I'm now living a pain-free life thanks to angels like Hellen Smith and technology like BEST-RSI™ being Divinely placed in my life.

\*BEST-RSI™ and BEST-PRO 1™ are powerful, affordable, medical, micro-current biofeedback devices designed for deep stimulation and effective, long lasting pain relief. FDA cleared, these patent pending devices have been shown to alleviate muscle, tendon and ligament pain due to injury, arthritis, fibromyalgia and phantom limb pain, just to name a few. Patients who consistently use the B.E.S.T.™ devices for relief often can dramatically reduce their dependency of drugs, experience improved range of motion and faster healing. For further information contact: AVAZZIA @ 214-575-2820 or visit our website --- www.avazzia.com or contact Hellen Smith, Physiotherapist and CEO of Physiotherapy Group of Texas @ 214.385.8020.

\* These devices require a prescription and are usually accepted by Medicare and most insurance companies.