

BEST-RSI[®] Device

Protocol: Low Back Pain



Safety Precautions

Read all safety instructions in the owner's manual before use to prevent injury or death from improper use.

Intended Population: Is it for me?

- Read and understand English
- Have chronic (long-term) pain
- Have acute pain
- Have intractable (difficult to manage) pain
- Have post-surgical pain
- Have post-traumatic pain
- Not intended for those that have implanted electronic devices (demand-type cardiac pacemaker, implanted defibrillator, etc.)
- Not intended for those that have suspected or diagnosed heart conditions
- Not intended for those with suspected or diagnosed epilepsy
- Not intended for use when nursing, pregnant, or trying to become pregnant
- Not intended for use with undiagnosed pain syndromes
- Not intended for children (keep away from children)

Stop using the device if:

- Skin irritation occurs
- Hypersensitivity occurs
- Burning sensation occurs
- Feeling a headache
- Feeling lightheaded (people with low blood pressure should use with caution particularly in neck and lower abdomen)
- Feeling dizzy (people with low blood pressure should use with caution particularly in neck and lower abdomen)
- Fainting occurs (people with low blood pressure should use with caution particularly in neck and lower abdomen)
- Under the effects of drug or alcohol

Avazzia Device Contraindications

- Do not use on persons with an implanted pacemaker or other implanted electronic device.
- Do not use if pregnant or nursing.

Where can the device be used?

- Transcutaneously (through the skin) over normal, intact, clean, and healthy skin
- Sore and aching areas due to strain from exercise or normal household work activities
- Shoulder
- Waist
- Back
- Back of the neck
- Upper extremities (arms)
- Lower extremities (legs)
- Not intended for use over the thyroid or the carotid sinus nerves
- Not intended for use on the front of neck
- Not intended for use in the mouth or other internal orifices
- Not intended for use on the eyeballs
- Not intended for use transcerebrally (through the head)
- Not intended for use over menstruating or pregnant uterus
- Not intended for use over open wounds or rashes
- Not intended for use transthoracically (across or through the chest)
- Not intended for use over or in proximity to cancerous lesions
- Not intended for use over metallic implants present in the spine

Consult with your physician and use caution if:

- There is a tendency to hemorrhage following acute trauma or fracture
- Following recent surgical procedures when muscle contraction may disrupt the healing process
- Using over areas of the skin which lack normal sensation

BEST-RSI[®] Device Protocol: Low Back Pain



1. PLACE THE PADS

Attach the pads to the lead wire.
Put the pads on the skin as shown.



2. TURN ON THE DEVICE

Move the button (on the left side)
to the "up" position.



3. SELECT THE "MODE"

Press the "mode" key in the center
to select "RSI" or "Deep Stim".



4. INCREASE POWER LEVEL AND TREAT

Increase the power level and treat for 15-30 minutes.

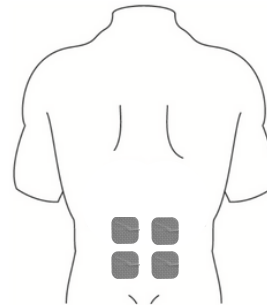


5. TURN OFF THE DEVICE

REMOVE THE PADS

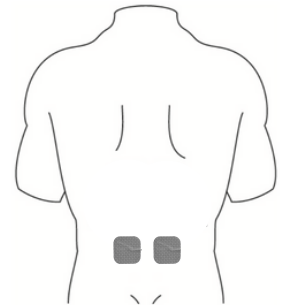
RECORD TREATMENT NOTES IN PATIENT DIARY (HOME USE)

4 Pads



OR

2 Pads



- Please remember to bring your device with you to clinic appointments.
- If you don't feel an output, increase power level. If you do feel an output and it is uncomfortable, decrease the power level.
- If you have redness on the skin or a burning sensation, stop treatment and report to your physician.



**REMAIN SEATED OR LYING DOWN DURING
TREATMENT. DO NOT STAND OR WALK.**



KEEP DEVICE DRY