

What's Included:

- BEST-RSI (A4-RS) device.
- Owner's manual.
- 2 AA batteries.

Accessories are available in kits, or sold separately.

Scan to
view
training
videos.



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BEST-RSI® (A4-RS) Get Started Guide



Safety Information and Device Instructions

Safety Information

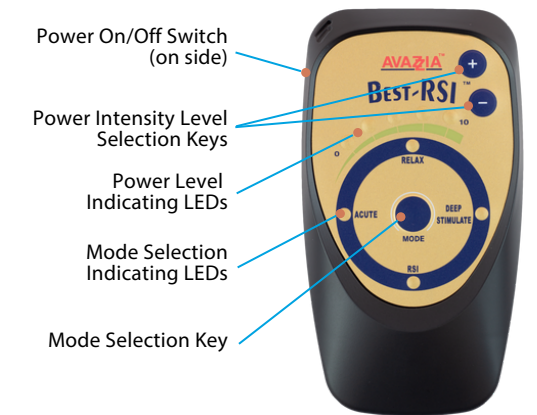
Before you get started, talk with your healthcare provider to review your prescribed treatment protocol. Read your Owner's Manual for full safety information.

INDICATIONS FOR USE: For symptomatic relief and management of chronic intractable pain; adjunctive treatment in the management of post-traumatic and post-surgical pain.

CONTRAINDICATIONS: Do not use on persons with a pacemaker. Do not use if pregnant or nursing.

Device Instructions

1. Insert AA batteries.
2. Connect electrode accessory, if desired.
3. Turn on your device.
4. Select treatment MODE.
5. Set POWER level (Press and hold "+" button to increase power level faster.).
6. Treat as directed by your healthcare professional.



AVAZIA®

Reaction Technology™ for Medical Therapies

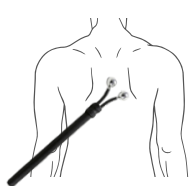
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Helpful Hints

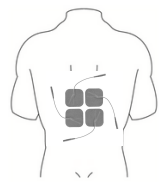
- Drink water before and after each therapy.
- To avoid over stimulation, limit contact on one place on the body to a period of 20 to 30 minutes.
- Over stimulation of muscle groups may cause soreness, headaches, or discomfort (especially the day after the initial treatment).
- Hold the Avazzia microcurrent device firmly on the skin and use a power setting that is comfortable.
- Moist skin is more conductive than overly dry skin.
- To avoid skin irritation and burns, do not allow use without access to power control.
- Treatment sessions can be repeated on an as needed basis.



BUILT-IN ELECTRODES



Y-ELECTRODE ACCESSORY*



ADHESIVE ELECTRODE PADS*

*Accessories are available in kits, or sold separately.

Device Modes

The BEST-RSI® is an easy-to-use microcurrent device with four (4) modes:

Relax – gentle pain relief

Deep Stimulate – general pain relief

RSI – chronic and persistent pain relief

Acute 3:1- acute pain relief

Treatment Methods

Place and hold method.

Turn device on. Choose mode. Place and hold the device's built-in electrodes on the area of pain. Adjust the intensity level as needed.

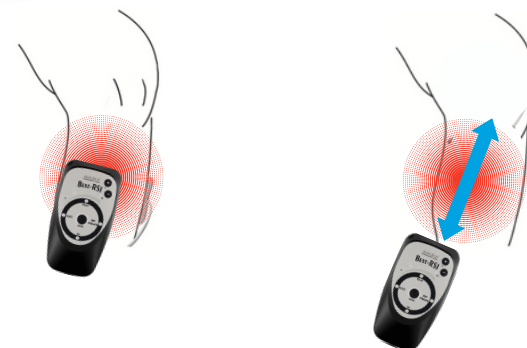
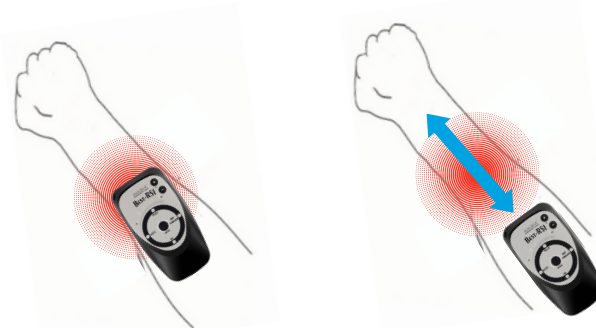


Painting method.

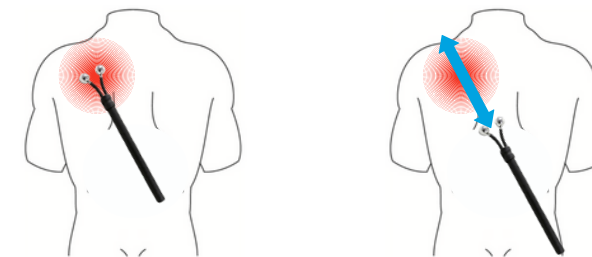
Turn device on. Choose mode. Move the backside of the device up and down ("paint") over the area of pain. Adjust the intensity level as needed.



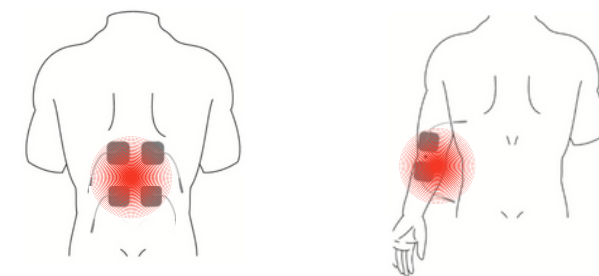
Treating with the built-in electrodes



Treating with the Y-electrode



Treating with the electrode pads



Ask your healthcare provider about recommended treatment protocols for each area of pain.